## BEST DOCTORS MEMBER STORY: Marcia

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Seeking advice and reassurance while dealing with a cancer diagnosis, Marcia reached out to Best Doctors for help. She ended up using the service on multiple occasions, and a Best Doctors expert found cancer in a tissue sample that her own doctors had missed.

Marcia's medical journey began when she discovered a lump in her breast. Initially doctors said it was benign, but later she was diagnosed with spindle cell metaplastic carcinoma of the breast, a rare type of cancer. Several

months after undergoing radiation and surgery, Marcia discovered another lump that turned out to be cancerous.

Her doctor strongly advised her to have a mastectomy, but Marcia hesitated and contacted Best Doctors for a second medical opinion, having already contacted them for confirmation about her

initial treatment plan. She had access to Best Doctors through her employer, Boeing.

Best Doctors recommended that Marcia undergo a mammogram and ultrasound, which revealed a new mass located in her breast. She underwent an operation to remove a larger margin of tissue from her armpit and was later told by her treating doctors that it was benign. Best Doctors, however, retested the pathology and discovered the presence of spindle cell metaplastic carcinoma, mirroring the diagnosis she had received a few years earlier.

Best Doctors advised Marcia to have an MRI and after convincing her doctor, she had the test and the results confirmed there was something in the area near the armpit. Her doctor continued to advocate for a mastectomy, although the Best Doctors expert wasn't convinced she needed to have this procedure.

At this point, Marcia felt as though she couldn't trust her doctors given that they had twice missed correctly

diagnosing the spindle cell metaplastic carcinoma.

"If I hadn't sent my information to Best Doctors, I wouldn't have known anything," she said.

Best Doctors recommended that Marcia transfer to a hospital rated by the National Cancer Institute (NCI). She is following through with this recommendation.

Marcia praised the Best Doctors nurse and doctors she dealt with.

"What this has convinced me of is that I need a hospital that knows something about cancer," Marcia said. "I would definitely recommend Best Doctors—they help you sort out your questions and tell you what questions you should be asking. It's a double check that you're going down the right path."

This is a real Best Doctors case. Where necessary, personal details have been modified and photographs have been used for illustrative purposes in order to respect and maintain patient privacy.

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